



Palm Garden Spa Services

SOUTH SEAS HOTEL

MASSAGE

South Seas Head to Toe - 60 minutes - \$130

Total relaxation reached by allowing our therapists to apply their healing touches to soothe your aching body and put your mind at ease. Each massage is especially designed to your needs by your therapist.

Only Half of Me - 30 minutes - \$70

Designed to uplift after a long travel. Our therapists pamper you, soothing your upper body combining multiple body work techniques rooted in swedish massage and integrating shiatsu and deep tissue.

Get Stoned - 60 minutes - \$130

Heated volcanic stones are strategically placed on the body and used in a full body massage. A truly intense and restorative therapy.

Ah! Right There - 45 minutes - \$100

A targeted massage concentrating on specific areas that need attention to release stress and promote relaxation.

Happy Feet - 30 minutes - \$70

Healing for the soul. Digital pressure applied along targeted zones of the feet stimulates organs throughout the body. This therapy will help relax and energetically rebalance the entire body and soul.

Neck & Shoulder - 30 minutes - \$50

Chair massage

Pure Fiji and EO Aromatherapy Oils

Enhance your experience with aromatherapy oils selected from the very best Essential Oils Synergies for the Skin Nutrition and Hydration.

Body Scrubs - 30 minutes - \$60

Clean up with our sea salt or sugar scrubs. Our therapists will vigorously exfoliate the skin, wash you down and send you on your way to face the world cleaner than ever.

Choose from the following scrubs:

French lavender and sea salt scrub

Coconut sugar scrub - mango

Coconut sugar scrub - white ginger lily

For men only - Mana'ia body scrub



Palm Garden Spa Services

SOUTH SEAS HOTEL

1751 Collins Ave Miami Beach, FL 33139
800.345.2678
305.538.1411
southseashotel.com

Hours of operation

10:00 a.m. – 6:00 p.m. Thursday through Sunday

Spa services may be scheduled outside of these hours and incur a 25% surcharge.

Reservations

Enjoy à la carte spa services and customize your very own package.

Please make appointments for spa services in person or by calling 800-345-2678 or locally 305-538-1411.

Appointments may be held with a valid credit card or certificate.

It is required that cancellations be made with seven hour notification.

If appointments are cancelled with less than seven hours notice, the guest will be charged 50% cost of services.

Minimum age for spa services is 16.

Food

Enjoy full à la carte Pilikia Poolside & Cabana service menu.

What to wear

Valuables should not be brought to your spa service. South Seas Spa Services is not responsible for lost or stolen articles.

Robes and sandals are provided for your convenience.

Coming and going

Please arrive at least 10 minutes prior to your spa service appointment.

Upon arriving, please stop by the Tiki Hut reception desk. Our coordinator will register you and show you the way to your treatment.

To assure you receive the full service time, please be prompt in your arrival.

At the end of your spa service, please stop by the Tiki Hut to settle your account. Charges may be settled in cash, credit card, gift certificate or to your room folio with proper hotel identification.

Gratuities

Gratuities are not included in the cost of your service. 18% gratuity is recommended for all services.

Visit southseashotel.com for more information.